



9520 Padgett Street, Suite 104 • San Diego, CA • 92126 Phone: 858.866.8133 • Fax: 858.999.2002

## PHYSICAL THERAPY PEDIATRIC CASE HISTORY

***Evaluation of your child will depend on information about his/her past history. Please complete this form as accurately as possible and avoid leaving blanks. You may feel free to put "unknown" or NA for "not applicable".***

Person completing this form: \_\_\_\_\_ Relationship: \_\_\_\_\_

### **GENERAL INFORMATION**

Child's Name \_\_\_\_\_ Today's Date \_\_\_\_\_

Nickname \_\_\_\_\_ Date of Birth \_\_\_\_\_

Address \_\_\_\_\_ Age \_\_\_\_\_

City/State/Zip \_\_\_\_\_ Phone # \_\_\_\_\_

Mother's Name \_\_\_\_\_ Work/Cell # \_\_\_\_\_

Father's Name \_\_\_\_\_ Work/Cell # \_\_\_\_\_

Email Address \_\_\_\_\_

Siblings (Names, Ages, M/F) \_\_\_\_\_

Referred by \_\_\_\_\_

Physician \_\_\_\_\_ Physician's Phone/Fax \_\_\_\_\_

What language do you use to speak with your child? \_\_\_\_\_

Are there any other language spoken at home? \_\_\_\_\_

What language is your child most comfortable speaking? \_\_\_\_\_

What language does your child understand best? \_\_\_\_\_

**AREAS OF CONCERN**

Please describe in detail why you are having your child seen for a physical therapy evaluation? What are your primary concerns?

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Is your child aware of the problem? Yes      No

If yes, how does she/he feel about it? \_\_\_\_\_

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Have any other physical therapists seen your child? Yes    No

Who? \_\_\_\_\_ When? \_\_\_\_\_

What were their conclusions or suggestions? \_\_\_\_\_

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Have any other specialists seen your child (i.e. physicians, psychologists, special education teachers, speech-language pathologists, occupational therapists)? Yes  
No

If yes, what type of specialist(s)? \_\_\_\_\_

When was the child seen? \_\_\_\_\_

What were the specialist's conclusions or suggestions? \_\_\_\_\_

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**PHYSICAL PERFORMANCE**

Early Development (give approximate ages and comment on any concerns you may have)

Rolled over \_\_\_\_\_ Sat alone \_\_\_\_\_ Crawled \_\_\_\_\_

Walked alone \_\_\_\_\_ Toilet Trained \_\_\_\_\_ First Words \_\_\_\_\_

Does your child avoid or dislike any functional positions? (Check mark all that apply)

Back    Belly    Side-lying    Sitting    Hands & Knees    Standing    Other \_\_\_\_\_

Does your child prefer any functional positions? (Check mark all that apply)

Back    Belly    Side-lying    Sitting    Hands & Knees    Standing    Other \_\_\_\_\_

If your child is walking does she/he fall? (Check mark all that apply)

Never      Rarely      Occasionally      Frequently

If child demonstrates loss of balance does she/he get injured? (Check mark all that apply)

Never      Rarely      Occasionally      Frequently

Does your child demonstrate a foot preference with physical activity? (crawling, walking up and down stairs, climbing, hopping etc.) (Explain or check mark what applies)

Right \_\_\_\_\_ Left \_\_\_\_\_

No preference noted or Unknown

Please list goals you would like to see your child achieve in therapy:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

### **BIRTH/INFANCY HISTORY**

Mother's general health during pregnancy (illnesses, accidents, medications, etc.)

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Length of pregnancy:      Full Term                      Premature

Baby's weight at birth: \_\_\_\_\_

Type of delivery:    Head first    Breech    Planned Cesarean    Emergency Cesarean

How long was labor? \_\_\_\_\_ Length of hospital stay \_\_\_\_\_

Did your child experience any of the following? (Check mark all that apply)

Delayed cry      Required oxygen      Cord around neck              Difficulty breathing

Jaundice      Intubation              Difficulty swallowing              Difficulty sucking

Tube feeding      Sleeping problems      Colic

Other birth history facts you would like us to know about: \_\_\_\_\_

**MEDICAL HISTORY**

Medical Diagnosis (if any)\_\_\_\_\_

Has your child had a hearing test?\_\_\_\_\_ Date\_\_\_\_\_

Results\_\_\_\_\_

Has your child had a vision test?\_\_\_\_\_ Date\_\_\_\_\_

Results\_\_\_\_\_

Please list current medications\_\_\_\_\_

Does your child have any assistive devices (glasses, orthotics, wheelchair, etc.)

\_\_\_\_\_

Has your child had any of the following? If so, please explain and list dates, frequency, severity.

Significant Childhood Illnesses\_\_\_\_\_

Surgeries\_\_\_\_\_

Serious Injury\_\_\_\_\_

Allergies\_\_\_\_\_

Seizures\_\_\_\_\_

Ear Infections\_\_\_\_\_

Are there any pertinent family illnesses/medical conditions you would like us to know about?

\_\_\_\_\_

**FEEDING HISTORY**

Does your child display any of the following? (Check mark all that apply)

Excessive Drooling                      Choking/gagging                      Difficulty Gaining Weight

Regurgitation of liquids/solids                      Reflux                      Difficulty Chewing/Swallowing

Do you consider your child to be a picky eater? \_\_\_\_\_ If yes, please explain\_\_\_\_\_

Does your child have food allergies?\_\_\_\_\_

**EDUCATIONAL HISTORY**

Daycare/Playgroups/Preschool\_\_\_\_\_

Grade\_\_\_\_\_ Frequency\_\_\_\_\_ Type of Classroom\_\_\_\_\_

Does your child have an Individualized Education Plan (IEP)? \_\_\_\_\_

If so, what special education services is he/she receiving? \_\_\_\_\_

**SOCIAL DEVELOPMENT**

What is your child's favorite activity? \_\_\_\_\_

What is your child's least favorite activity? \_\_\_\_\_

Does your child play with other children? \_\_\_\_\_

Does your child demonstrate any repetitive or rigid behaviors? \_\_\_\_\_

Does your child have excessive tantrums? \_\_\_\_\_

Is your child involved in extracurricular activities? (i.e. scouts, gymnastics, soccer, swim lessons, etc.) \_\_\_\_\_

**PLEASE LIST ANY ADDITIONAL INFORMATION THAT WOULD BE HELPFUL FOR THIS EVALUATION.**

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Thank you!

Updated: 3/31/31